



The Big 50 Offline

50 short activities that can be completed offline in under 10 minutes.

Alphabet Skills!

Can you think of a skill for every letter
of the alphabet?

Talk Time

Discuss what is meant by
'knowledge' and 'skills'.

What are the differences between
them?

**You are interested in completing an apprenticeship after you leave school.
What steps do you need to take?**

Plan your pathway

Think about Unifrog's 7 star competencies:

**Independence, Leadership, Teamworking,
Resilience, Analysis, Literacy & Numeracy**

**Can you think of an example for why each competency
is useful? Can it support you just in school or in the
outside world too?**

Choose one exotic place to go on a class trip. Can you plan the most efficient route for the whole class to get there? What about planning for when you get there?

How does your planning ensure the class has a good trip?

Read the following statement.

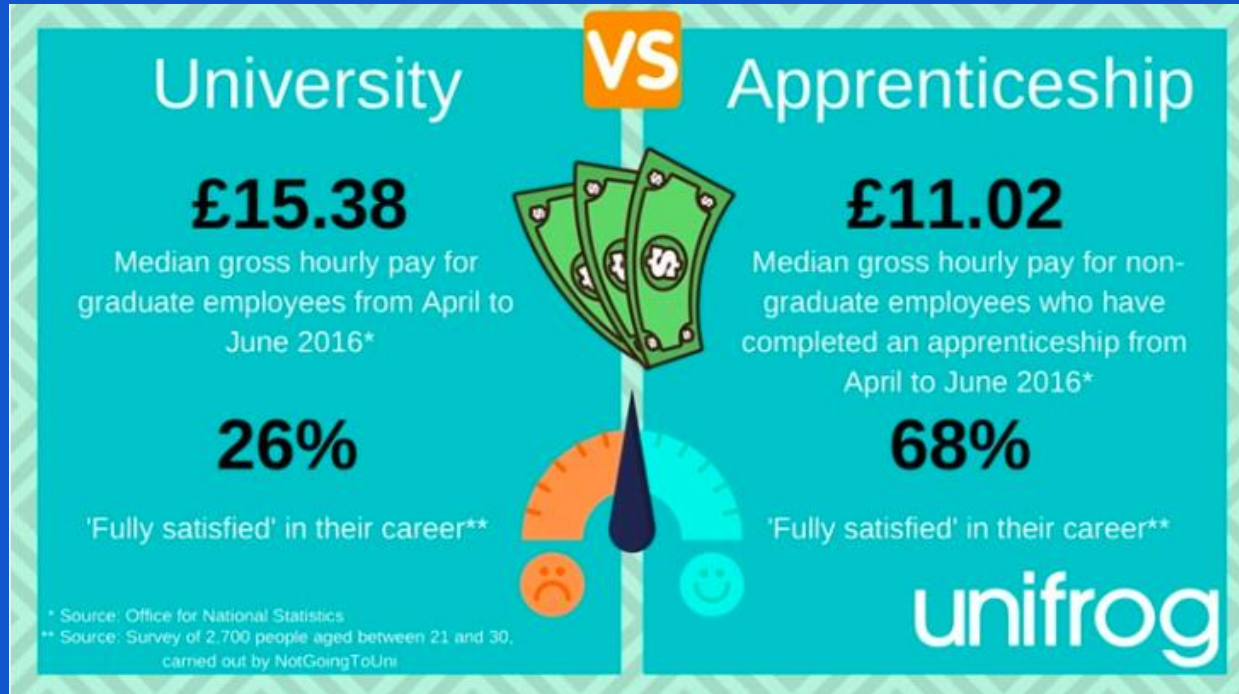
Ben is frustrated at work. He thinks that he should be given more responsibility but feels he hasn't been because his boss doesn't like him. After not getting the promotion he wanted, he goes on to Facebook to vent his frustrations about his boss and his job.

What could Ben have done better?

**You are interested in going to university
after you leave school. What steps do
you need to take?**

Plan your pathway

How does University vs Apprenticeship information inform your future choices?



Play 'Guess My Emotion'!

In pairs take turns to display an emotion to your partner without saying what it is. Your partner needs to guess the emotion. Can you show more subtle emotions such as impatience, boredom and frustration?

How can our body language affect our relationships with those we work with?

You are in an interview and at the end the employer asks you if you have any questions you want to ask them.

What do you ask?

Firefighter
Police officer
Paramedic

**In which job role would you need to
be skilled at conflict mediation?
Why?**

What do you think are the main differences in responsibility for a doctor and a paramedic?

Discuss with your partner, then share your ideas with the class.

Ever considered an apprenticeship in Law?



Find out more about Law Apprenticeships at
www.unifrog.org

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Think of a time someone has misinterpreted what you have said. Why do you think this happened?

Why do you think there was a miscommunication? What could you have done differently to make yourself clearer?

Think about a university course that would interest you. Discuss with your partner why this course interests you and the future career paths that it could lead to.

Teacher
Musician
Sports commentator

**In which of these job roles do you think
you would need to have strong skills in
communication?**

Why?

Sam works hard at school but often finds it hard to concentrate when the teacher is talking for a long time. He thinks that he's going to do well in his A-levels and would like to work in the financial sector, but isn't sure which pathway to take. He would like to start earning some real money soon so he can move out of his parents' house.

Do you think university or an apprenticeship would be a better option for him? Why?



How should you best prepare for a uni fair?



Discuss and share your own tips with your partner.

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What do you think are the main differences in responsibilities between a sports coach and a PE teacher?

Discuss and share your ideas with a partner.

Your new boss at work has no work/life balance and so has unreasonable expectations of you at work. She expects you to turn up a half hour before your shift begins and often at least an hour after it has ended. No matter how hard you work, it never seems to be enough and she is never happy with you.

Think of two ways you could deal with this type of boss.

Discuss with your partner:

**What is your greatest strength?
What is your greatest weakness?**

**How does it support you to acknowledge
these?**

When applying for competitive university courses or apprenticeships, you need to show that you can offer more to the institution or company than simply your academic ability.

What do you think you could talk about? Which Unifrog tools could you use to support you in logging this information?

Learn more about apprenticeships in finance:



**What are the pros to going down the apprenticeship route?
Why might an apprenticeship not appeal to someone?**

Sara enjoys most of her subjects in school, but would like to have more independence in what she would like to learn about. Her favourite subject is Maths and she thinks she would like to work in a career where she could apply these skills at a higher level in the future. She would like to move out of her family home, but also live in an area where there are lots of people her own age to hang out with.

Do you think university or an apprenticeship would be the best route for Sara? Why?

Come up with 5 pros and 5 cons for going to university and share them with your partner.

Overall, using this list, would you prefer to go to university or take another route?

Come up with 5 pros and 5 cons for completing an apprenticeship and share them with your partner.

Overall, using this list, would you prefer to complete an apprenticeship or take another route?

Think of a time in your life when you made the decision to put in more effort and go above the minimum required to resolve a problem.

Explain what made you decide to put in the extra effort and the consequences of your decision.

Discuss with your partner all of your extra-curricular activities (activities you take part in outside of school).

Which Unifrog tool could you use to log these?

Think of a time you have faced a challenge and worked to overcome it. Share your example with your partner.

How did this help you to build skills in resilience?

Share with your partner what you know about going to a UK university. This could include choosing your course, financing your studies, planning accommodation and more.

If you wanted to find out more about going to a UK university, which Unifrog tools could support you?

Thinking of taking a gap year?



Discuss with your partner how to make the most out of your year abroad.

What do you think would be the main differences in responsibilities for an actor and a director?

Do these two roles share any responsibilities?

Think about a career that interests you. What pathways could you do down to get into it? Would a particular degree course help or could you go down the apprenticeship route?

Which Unifrog tools could help you find out more about this career and the pathways into it?

**Think of a time you have fallen out with a friend and then made up again. How did you both go about fixing the problem?
What skills supported you in rebuilding that relationship?**

Discuss and share your answers with your partner.

Alphabet Careers!

For each letter of the alphabet, think of a career.

Bonus: can you assign one star competency to each career?

Where do you want to be in 10 years time?

- What career would you like to be in?
- Do you think you will have completed a university degree or an apprenticeship?
- What about you will have changed?
- What would you like to have stayed the same?

Why take a joint honours course?



Discuss the pros and cons with your partner.

Your friend is unsure of whether to go to university or to go into an apprenticeship when they leave school. They ask you to help them with the decision.

What sort of questions could you ask them to help them to decide?

Why would these questions help their decision?

What are the differences and similarities between a university course and a degree apprenticeship?

Discuss what you already know with you partner then see if your answers match up with those on the next slide!

Similarities

Degree-level qualification

Academic study

University experience

You have chosen the area you are learning in

Differences

Living in halls at university

Getting paid in an apprenticeship

Real work experience in apprenticeship

Greater level of independent study of an academic subject that interests you at university

...did you get any more?



**Think of a time you have had to be
independent.**

Share your story with your partner.

**How did experience help you to
strengthen your skills?**

What do you think would be the differences between an interview with an employer and an interview with a university?

What sort of questions would each ask you?

Discuss with a partner and share your ideas with the class.

Give 3 reasons as to why it is important to get experience of both universities *and* work places before choosing which pathway you would like to take when you leave school.

Share your reasons with your partner then have a class discussion.

What do you know so far?

Name the 4 different types of apprenticeship.

What is the equivalent academic level of each qualification (e.g. equivalent to GCSEs)?

Answers on the next slide!

Intermediate: equivalent to 5 good GCSEs

Advanced Level: equivalent to 2 A Levels

Higher Apprenticeship: works towards NVQ level 4 or a foundation degree

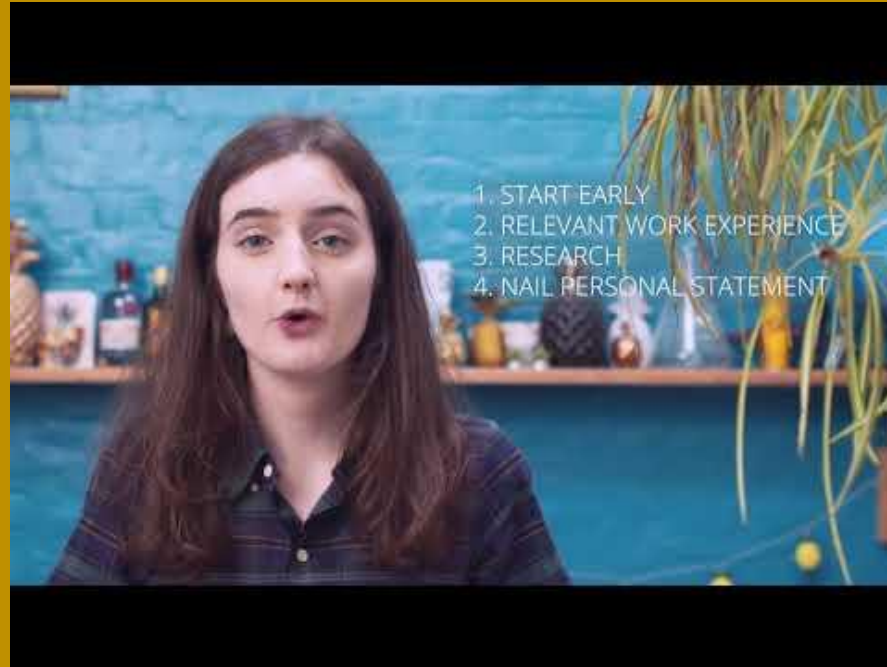
Degree Apprenticeship: equivalent to a full Bachelor's or Master's degree

You are going to interview for a job!

In pairs, take turns to be the interviewer and the interviewee. You can choose the job role you are applying for and have 2 minutes each to come up with questions.

What would be effective questions to ask?

Considering applying for a STEM course at university?



Why is research important? Discuss with your partner.

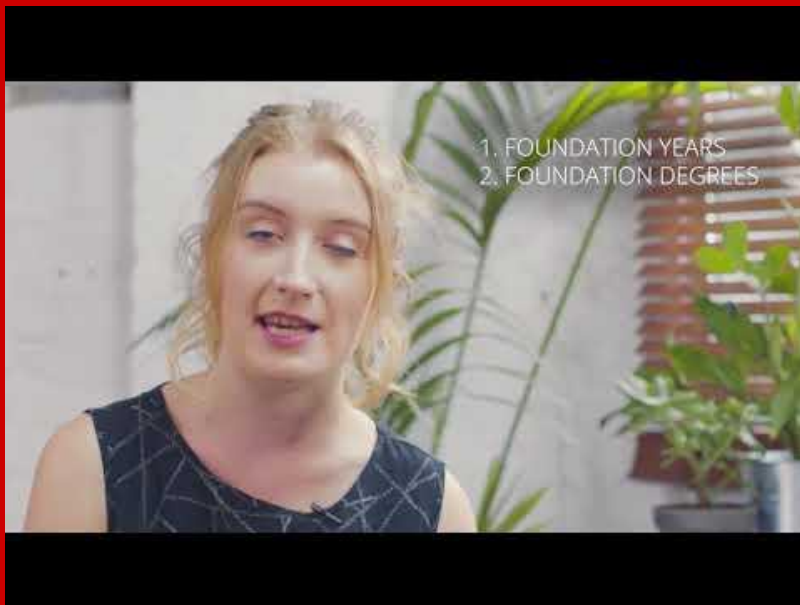
Pop Quiz!

1. How many universities are there in the UK?
2. How long should a Higher Level Apprenticeship take to complete?
3. What are the four different types of apprenticeship?
4. When is the application deadline for medicine, dentistry and Oxbridge?
5. How many undergraduate degree courses are the available to study in the UK? (Estimate this!)

Answers on next slide!

1. There are 130 universities in the UK
2. A Higher Level Apprenticeship can take between 3-5 years to complete
3. Intermediate, Advances, Higher Level and Degree Apprenticeship
4. The deadline is 15th October
5. There are over 50,000 undergraduate courses available to study in the UK

Foundation...what?



What is the difference between a foundation degree and a foundation year? Discuss with your partner.

Mime it out!

**Try to tell your partner what you did at the weekend just using gestures and facial expressions.
No speaking and no writing!**

How do you think this activity could help to develop your communication skills?

You are asked to give a group of younger students some advice:

‘One thing I wish I’d known when I was younger’

What would you say and why?