



SECONDARY MENU

WINTER 2021



WEEK 1

MEAL DEALS OF THE DAY

all meals come with a dessert of the day
and a bottle of water or aqua juice

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



Chicken Enchiladas

Milk, Gluten

or

Vegetable Enchiladas

Milk, Gluten

+

A

New Potatoes

or

Garlic Slice

Milk, Gluten

B

Mixed salad

or

Coleslaw

Egg

TUESDAY



Porkies in gravy

Soya, Gluten

or

Vegeballs in gravy

+

A

Roast Potatoes

or

Mashed Potatoes

B

Carrots

or

Broccoli

WEDNESDAY



Roast beef & gravy

Yorkshire pudding

Milk, Egg, Gluten

or

Quorn roast & gravy

Yorkshire pudding

Milk, Egg, Gluten

+

A

Roast Potatoes

or

Mashed Potatoes

B

Green Cabbage

or

Baton Carrots

THURSDAY



Spaghetti Bolognese

Fish, Gluten

or

Vegetarian Bolognese

Egg, Gluten

+

A

Garlic slice

Gluten, Milk

or

Crusty Bread

Gluten, Sesame

B

Mixed salad

or

Ranch Salad

Egg

FRIDAY



Breaded Fish

Lemon Wedge

Tartare Sauce

Egg

or

Quorn Fishless Fingers

Gluten

with Lemon Wedge

Tartare Sauce

Egg

+

A

Crispy Chunky

Chips

or

New Potatoes

B

Mushy Peas

or

Petit Pois Peas

or

Mixed Salad

DESSERT OF THE DAY



Spiced carrot cake

Gluten, Egg, Sulphur Dioxide

& custard

Milk

or

Yoghurt

Milk

or

Fruit



Fruit in jelly

or

Yoghurt

Milk

or

Fruit



Honey & oatmeal cookie

Gluten

or

Yoghurt

Milk

or

Fruit



Crispy jam tart

Gluten, Sulphur, Dioxide

& custard

Milk

or

Yoghurt

Milk

or

Fruit



Fruit Muffin

Gluten, Egg

or

Yoghurt

Milk

or

Fruit



Choose one item from choice A and one item from choice B

For information about food allergens please ask the Chef Manager



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery





SECONDARY MENU WINTER 2021



WEEK 2 MEAL DEALS OF THE DAY

all meals come with a dessert of the day
and a bottle of water or aqua juice

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



Pasta Americana

Gluten

or

Cheese & broccoli Quiche +

Milk, Egg, Gluten

A

New Potatoes

or

Garlic Slice

Milk, Gluten

B

Mixed salad

or

Ranch Salad

Egg

TUESDAY



Cheesy cottage pie & gravy

Milk, Fish

or

Quorn cottage pie & gravy +

Celery, Egg, Gluten

A

Roast Potatoes

or

Diced potatoes

B

Carrots

or

Broccoli

WEDNESDAY



**Roast Gammon
& Yorkshire pudding**

Milk, Egg, Gluten

or

Roast Quorn & gravy +

Milk, Egg, Gluten

A

Roast potatoes

or

Mashed potatoes

B

Green Cabbage

or

Baton Carrots

THURSDAY



Turkey & vegetable pie

Milk, Fish, Gluten

or

Quorn & vegetable pie +

Milk, Egg, Gluten

A

Diced Potatoes

or

Mashed potatoes

B

**Carrot & swede
mash**

or

Cauliflower

FRIDAY



Breaded Fish Fish, Gluten

Lemon Wedge

Tartare Sauce Egg

or

Quorn Fishless Fingers +

Gluten

with Lemon Wedge

Tartare Sauce Egg

A

**Crispy Chunky
Chips**

or

New Potatoes

B

Mushy Peas

or

Petit Pois Peas

or

Mixed Salad

DESSERT OF THE DAY



Fruit flapjack

Gluten

or

Yoghurt Milk

or

Fruit



Butterscotch tart

Milk, Gluten

Yoghurt Milk

or

Fruit



Date slice & custard

Gluten, Milk

or

Yoghurt Milk

or

Fruit



Ginger sponge Egg, Gluten

& Custard Milk

or

Yoghurt Milk

or

Fruit



Chocolate & orange muffin

Egg, Gluten

or

Yoghurt Milk

or

Fruit



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SECONDARY MENU WINTER 2021



WEEK 3

MEAL DEALS OF THE DAY

all meals come with a dessert of the day
and a bottle of water or aqua juice

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



Beef lasagne

Gluten, Fish, Milk

or

Vegetable lasagne

Milk, Gluten



A

Diced Potatoes

or

Garlic Slice

Milk, Gluten

B

Mixed salad

or

Coleslaw

Egg

TUESDAY



Nottinghamshire sausage

Gluten, Sulphur Dioxide

& Yorkshire pudding

Gluten, Egg, Milk

or

Vegan plant-based sausage

Soya, Sulphur, Dioxide

& Yorkshire pudding

Gluten, Egg, Milk



A

Roast Potatoes

or

Mashed Potatoes

B

Carrots

or

Broccoli

WEDNESDAY



Roast pork, stuffing

Gluten

& gravy

or

Quorn Roast

Milk, Egg

stuffing

Gluten & gravy



A

Roast Potatoes

or

Mashed Potatoes

B

Green Cabbage

or

Baton Carrots

THURSDAY



Chicken Tikka Masala

Milk

or

Vegetable & chickpea

Tikka masala

Milk



A

Chapati flatbread

Gluten

or

Wholegrain rice

B

Minted cucumber

salad

or

Sweetcorn

FRIDAY



Breaded Fish

Fish, Gluten

Lemon Wedge

Tartare Sauce

Egg

or

Quorn Fishless Fingers

Gluten

with Lemon Wedge

Tartare Sauce

Egg



A

Crispy Chunky

Chips

or

New Potatoes

B

Mushy Peas

or

Petit Pois Peas

or

Mixed Salad

DESSERT OF THE DAY



Apple & plum crumble

Gluten

& custard

Milk

or

Yoghurt

Milk

or

Fruit



Rice pudding & jam

Milk, Sulphur Dioxide

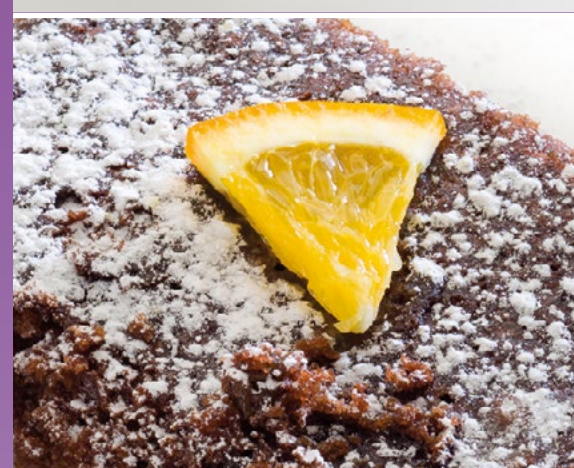
or

Yoghurt

Milk

or

Fruit



Chocolate brownie

Gluten

& Crème fraîche

Milk

or

Yoghurt

Milk

or

Fruit



Pear sponge

Egg, Gluten

& custard

Milk

or

Yoghurt

Milk

or

Fruit



Cornflake tart

Gluten, Sulphur Dioxide

& custard

Milk

or

Yoghurt

Milk

or

Fruit



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