



MEDEN
SCHOOL

Year 11 – General Support

Team Meden



Belonging

SUPPORT: KEY STAFF

Year 11 Team Achievement

- Miss Singleton
- Mr Hyatt
- Miss Wild
- Mrs Kinney
- Y11 tutors

Safeguarding

- Mrs Callaway
- Miss Gray
- Miss
Hickinbotham
- Mr Morton
- Mrs Coulson

Behaviour and student services

- Mrs Rogers (Y11 Lead)
- Miss Cave
- Miss O'Brien
- Miss Gargas
- Mrs Guy

**It is about my
child's progress**

Email your child's tutor directly or arrange a phone call by contacting reception **01623 843517**. Email office@medenschool.co.uk if you do not know the tutor's email.

**It is about a
behaviour
incident involving
my child**

Contact reception and ask to speak to a member of the Student Services team. You may need to leave a message and wait for a return call.

**I have a
safeguarding
concern**

Details of emergency contacts can be found on our website, with details of who to contact during school hours and after school.

[Go to Safeguarding page](#)

My child is absent

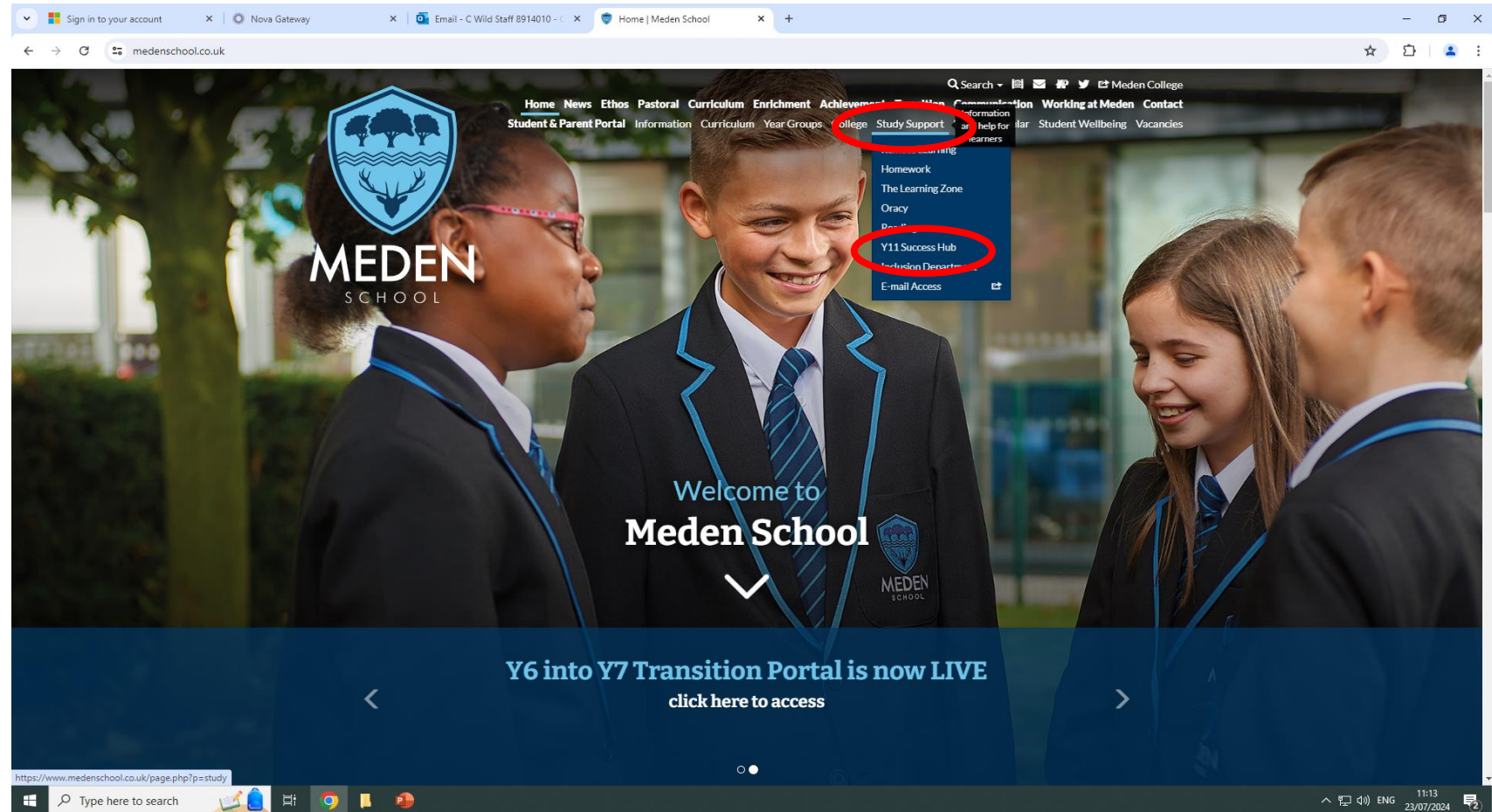
Call **01623 843517** and select **Option 2** to leave a message regarding your child's absence.

**My child has an
appointment and
needs to leave
early or come in
late**

Email details to office@medenschool.co.uk
FAO Attendance or speak to main reception
(**01623 843517**).



YR11 SUCCESS HUB



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medenschool.co.uk/page.php?p=y11success

Home News Ethos Pastoral Curriculum Enrichment Achievement Transition Communication Working at Meden Contact
Student & Parent Portal Information Curriculum Year Groups College Study Support Extra Curricular Student Wellbeing Vacancies

Student & Parent Portal

Careers 23 Jul Calendar Exams Homework Remote

Y11 Success Hub

Home > Study Support > Y11 Success Hub

Welcome to the Y11 Success Hub!

On this page, you will find a number of resources designed to help you reach your full potential in your GCSE exams this summer and be a SUCCESS.

As well as lots of helpful revision tips and strategies, you will find tips and guidance about how to look after yourself at this vital time, and information for your parents.

If you have any questions or worries, then please feel free to email your tutor or Miss Clogg (Y11 Achievement Leader) lclogg@medenschool.co.uk

EXAM TIMETABLE

Click here to access the GCSE exam timetable
[GCSE Exam Timetable](#)

EXAM WARM UPS

Here is a copy of the exam warm ups taking place over the next couple of weeks, during the exam period.
[Exam Warm up timetable](#)

PARENT INFORMATION EVENING

If you were unable to attend the Parent Information Evening or would like a recap of the information, please click on the link below
[Parent Information Evening Link](#)

Resources For Students

How to Revise Guide:

With exams just around the corner, revision is on everyone's mind, but the real question is "What are the best revision tips?" Exam periods

M	T	W	T	F	WE
1	2	3	4	5	6
8	9	10	11	12	13
15	16	17	18	19	20
22	23	24	25	26	27
29	30	31			

View the calendar in full

On the Yr11 success hub you will find lots of useful information about; Mock exams, exam timetables, warm up sessions, revision videos, useful links

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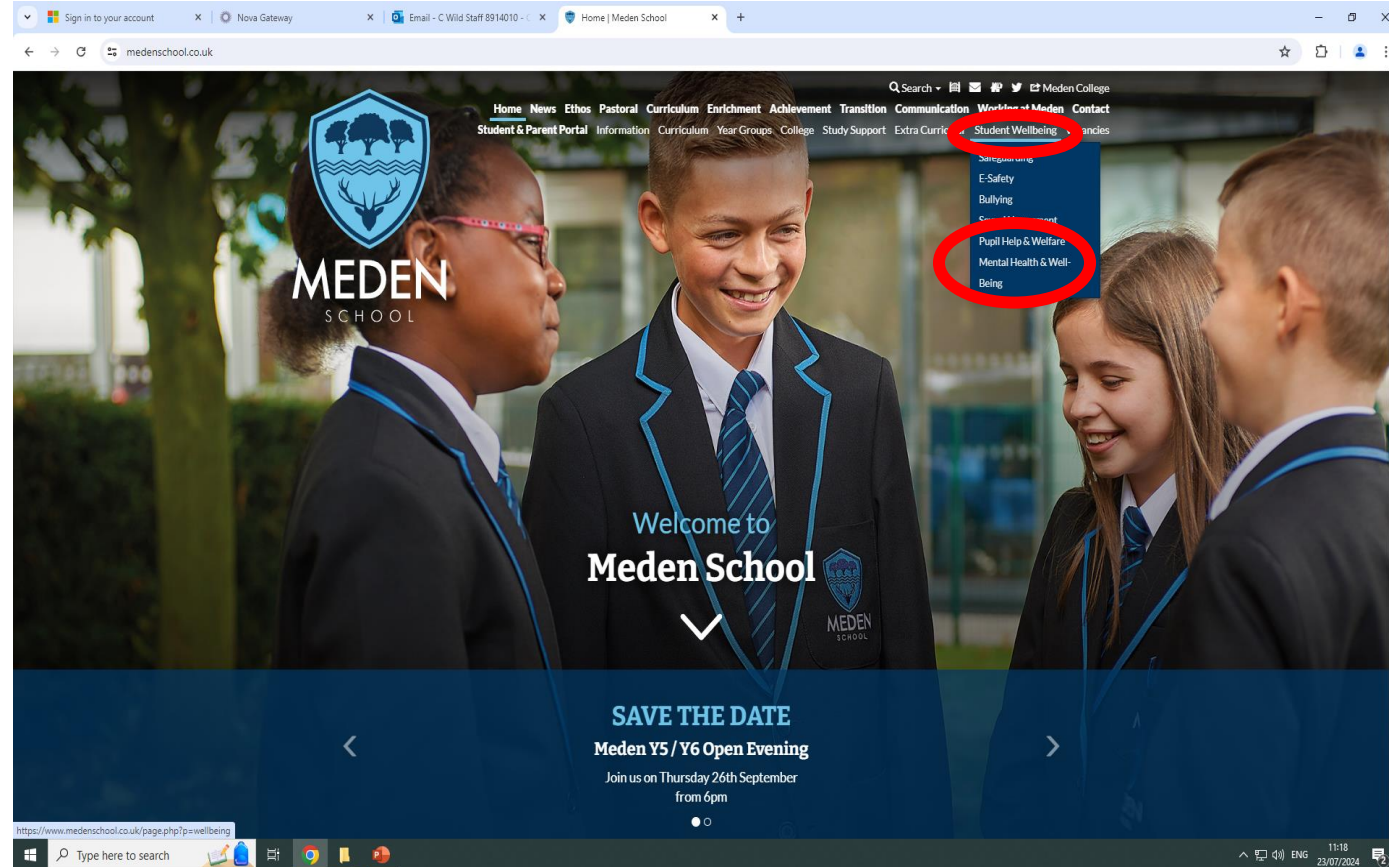


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MENTAL HEALTH & WELLBEING





Student & Parent Portal

23 Jul

Icons: Careers, Exams, Homework, Remote

Student Wellbeing

- Introduction
- Safeguarding
- E-Safety
- Bullying
- Sexual Harassment
- Pupil Help & Welfare
- Mindfulness**

Mental Health & Well-Being

Home > Student Wellbeing > Mental Health & Well-Being

Mental Health Matters

Mental Health and Well-being

It is OK to not feel OK, many people of all ages will struggle with a mental health issue at some point in their life.

Being emotionally healthy includes:

- Having self-esteem and self-respect
- Being able to recognise and express feelings
- Being able to manage emotions to suit the situation
- Recognising and managing the factors that affect emotions
- Feeling positive about life

Remember, at Meden you have lots of people you can speak to for support:

- Form Tutor
- Head of Year
- Designated Safeguarding Lead
- Student Services Team
- Favourite Teacher
- Friend

Need some help or advice? Visit these sites for support:

- Mind, ChildLine, Big Above, NSPCC, kooth, Staswell, Samaritans, TeenTalk, Samaritans

Try the Headspace app: headspace

July 2024

M	T	W	T	F	WE
1	2	3	4	5	6
8	9	10	11	12	13
15	16	17	18	19	20
22	23	24	25	26	27
29	30	31			

View the calendar in full

At Meden School we are determined to develop every aspect of our student's character. We aim to achieve this through our Personal Development Curriculum, which provides students with an opportunity to explore and develop key aspects of their character.

The Personal Development curriculum seeks to educate students on how to lead a healthy lifestyle, have good mental health, how to cultivate healthy relationships through school life and beyond and how to positively contribute to their community.

Students will be encouraged to engage with and think maturely about a range of issues, which will support them in making sound decisions around their own safety, personal development and mental health.

This part of the website will support with self-help strategies to safeguard student's mental health and well-being



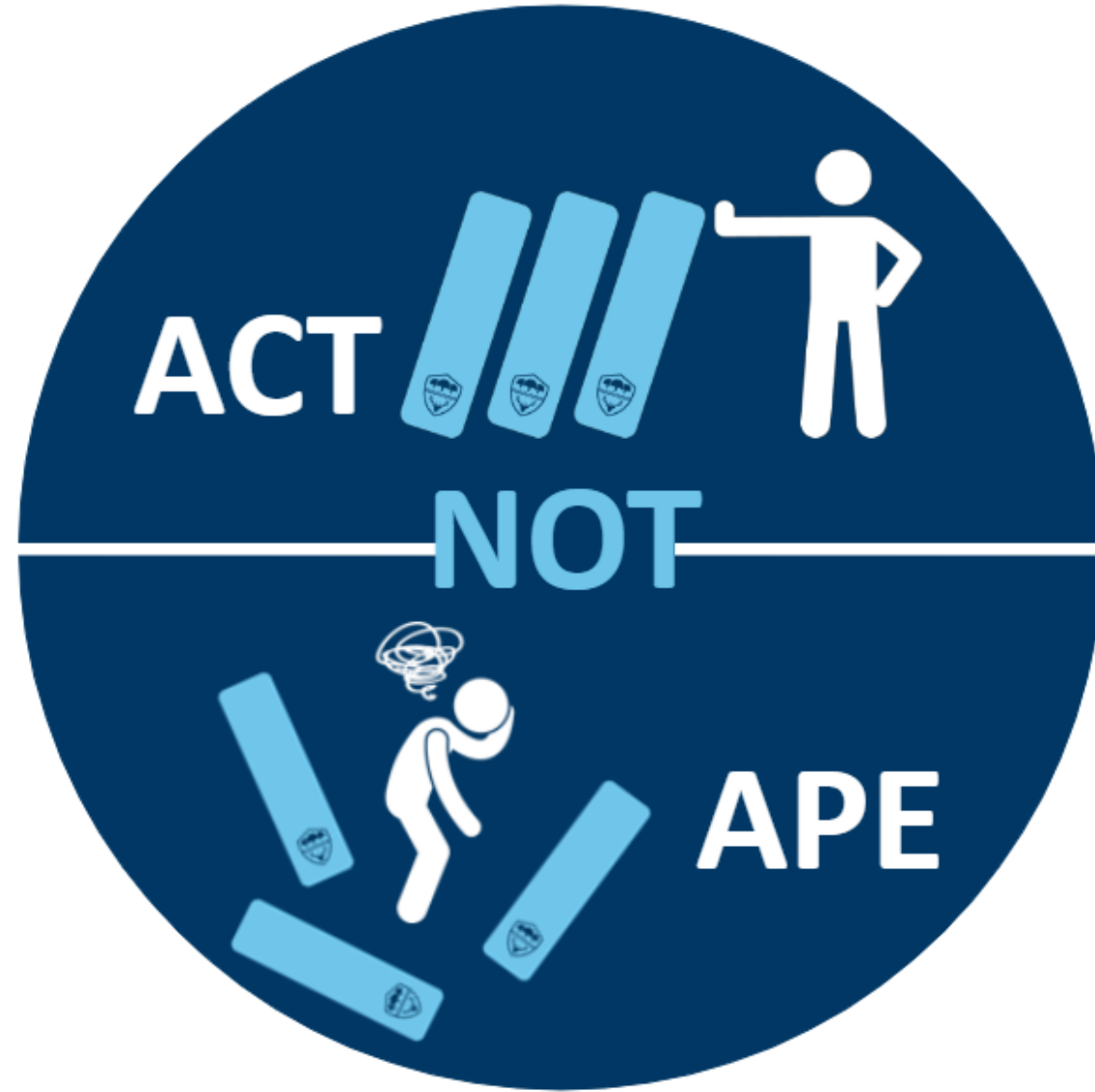
MENTAL TOUGHNESS CURRICULUM

- Each Friday, tutors deliver a mental toughness curriculum
- Mental Toughness is all about resilience and confidence, encouraging students to recognise their strength and ability to work through difficult challenges





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APE

Prevent being **A**ggressive or emotional
Prevent being **P**assive or ignoring people
Prevent **E**scaping and walking away



ACT

Be **A**ware of your emotions
Be **C**lear about what is the right thing to do
Transform your behaviour & actions

We now have an intervention hub, which you can be referred to for support in lots of areas, this alongside the mental toughness curriculum builds student's ability to ACT not APE – which will make the year more successful and enjoyable

INTERVENTIONS

- Interventions are smaller group lessons that is targeted and bespoke to student needs
- On a Monday period 7 and a Tuesday period 7, students have may be selected for intervention, this is a POSITIVE, as they will get targeted support to help with achieving their targets
- It is a timetabled lesson and attendance is compulsory
- On a Wednesday or Thursday morning students may be asked to come in from 8:05am for further intervention

ATL MENTORING

- Run by Miss Singleton and Mr Hyatt
- A supportive process intended to help students with their ATL over the course of Y11
- Is done on a 1-1 basis or in a small group setting
- Involves weekly meetings, a classroom report and SMART target setting
- Helps to support students pastorally and academically.



BREAKFAST CLUB

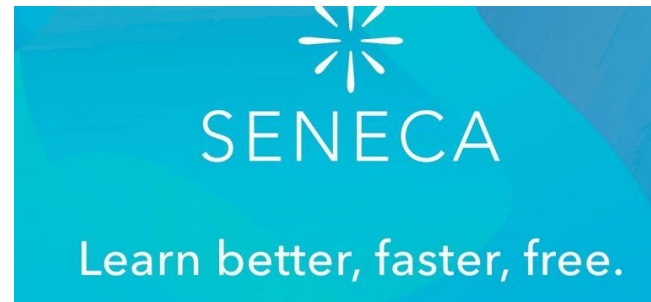
- Free breakfast (bagels, cereal), every morning from 8am in the canteen
- Breakfast is a very important meal and sets students up for the rest of the day
- Students are welcome to get free food, talk with friends, or get on with some revision/homework



EXTRA-CURRICULAR

- If students are not needed for intervention, they could join an extra-curricular (timetable to be sent out by Mr Byrne)
- A way to switch off, have fun with friends, meet new people

USEFUL WEBSITES



Students have access
to all these websites
-use them!!!



100 DAY COUNTDOWN

Wednesday 23rd October is the start of the 100 day countdown

The 100 day countdown is to try and keep you focused and motivated (see the display at the back of the main hall)

Every year on results day, our students say their biggest regret is not starting to revise early enough

Don't wait for the 100 day countdown – start your revision today!

YEAR 11 **100 DAY**
COUNTDOWN



Valuing School & Attendance



- ✓ **Safety, Welfare, Well-being**
- ✓ **Family Partnership**
- ✓ **High Expectations**

EXAMS AND WARM UPS

1st May 2025 - first exam (D.I.T)

19th June 2025 - final exam (Hospitality & Catering)

21st August 2025 - Results Day (9am)

324 actual days until the first exam

161 school days until the first exam

11th June 2025 - *Contingency afternoon

25th June 2025 - *Contingency day

Y11 Mock Exam Dates- w/c 4th November 2024

KEY DATES

Y11 information evening - Thursday 19th September

- Students can come with parents/carers for lots of useful information

Progress evening – Thursday 5th December

- Students can come with parents/carers to speak individually to each of student teachers, celebrate successes and set targets

College open evening – Thursday 17th October

- Come along and see what Meden College has to offer, speak to teachers and current students

MY TUTOR

- Some students will be invited to have My Tutor online sessions
- These cost £29 per session but the school will pay for these, as long as students attend
- Maths and English
- 121 support online (don't need to have camera on)
- Do these sessions from home after school
- Proven to boost grades



CAREERS ADVICE & COLLEGE APPLICATIONS

- We have a careers advisor in school
- Students can get support in applying for colleges, apprenticeships etc.
- Speak to Mr Hill if you need any help





YOU CAN DO IT DAY

- Day off timetable
- Wednesday 8th January
- Experience college taster lessons
- Motivational speakers
- Top tips for core subjects
- Revision strategies



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