

Subject	CNAT SPORT
Paper	Unit R180: Reducing the risk of sports injuries and dealing with common medical conditions Exam = 22nd May
Work/skills/activities being covered in lesson leading to exams	<ul style="list-style-type: none"> • Week 1 (24th Feb) Task 1-5 content to be delivered. Re-cap questions for previously learnt topics built into each lesson for retrieval practice. Past exam questions completed every lesson on current/past topics. End of unit tests built into lessons. Flash cards created after each lesson. • Week 2 (3rd March) Task 1-5 content to be delivered. Re-cap questions for previously learnt topics built into each lesson for retrieval practice. Past exam questions completed every lesson on current/past topics. End of unit tests built into lessons. Flash cards created after each lesson. • Week 3 (10th march) Task 1-5 content to be delivered. Re-cap questions for previously learnt topics built into each lesson for retrieval practice. Past exam questions completed every lesson on current/past topics. End of unit tests built into lessons. Flash cards created after each lesson. • Week 4 (17th March) Task 1-5 content to be delivered. Re-cap questions for previously learnt topics built into each lesson for retrieval practice. Past exam questions completed every lesson on current/past topics. End of unit tests built into lessons. Flash cards created after each lesson. • Week 5 (24th March) Task 1-5 content to be delivered. Re-cap questions for previously learnt topics built into each lesson for retrieval practice. Past exam questions completed every lesson on current/past topics. End of unit tests built into lessons. Flash cards created after each lesson.

- Week 6 (31st March)
Task 1-5 content to be delivered. Re-cap questions for previously learnt topics built into each lesson for retrieval practice. Past exam questions completed every lesson on current/past topics. End of unit tests built into lessons. Flash cards created after each lesson.

EASTER HOLIDAYS- 'little and often' revision advised.

- Week 7 (21st April)

Expect that all content will be fully delivered now. All focus placed on exam techniques, practice questions, re-cap prior learning. Each week will focus on the revision of a key task such as Task 1&2. Lesson will have a focus on 8 mark questions right up until first exam.

- Week 8 (28th April)

Expect that all content will be fully delivered now. All focus placed on exam techniques, practice questions, re-cap prior learning. Each week will focus on the revision of a key task such as Task 3. Lesson will have a focus on 8 mark questions right up until first exam.

- Week 9 (5th May)

Expect that all content will be fully delivered now. All focus placed on exam techniques, practice questions, re-cap prior learning. Each week will focus on the revision of a key task such as Task 4. Lesson will have a focus on 8 mark questions right up until first exam.

- Week 10 (12th May)

Expect that all content will be fully delivered now. All focus placed on exam techniques, practice questions, re-cap prior learning. Each week will focus on the revision of a key task such as Task 5 Lesson will have a focus on 8 mark questions right up until first exam.

Exam the following week- 22nd May

Areas to revise as a priority leading to exams	<ul style="list-style-type: none">• 8 markers• Students to focus on the Task area they find most difficult to remember• Remembering ANAGRAMS such as 'PW GAME FANS, MAAAC etc'
Suggested methods of revision	<ul style="list-style-type: none">• Flashcards• Complete 'brain vomits' to check knowledge and fill in any gaps of unknown content. Prioritise spending time revising the unknown content.• Past questions with marked feedback