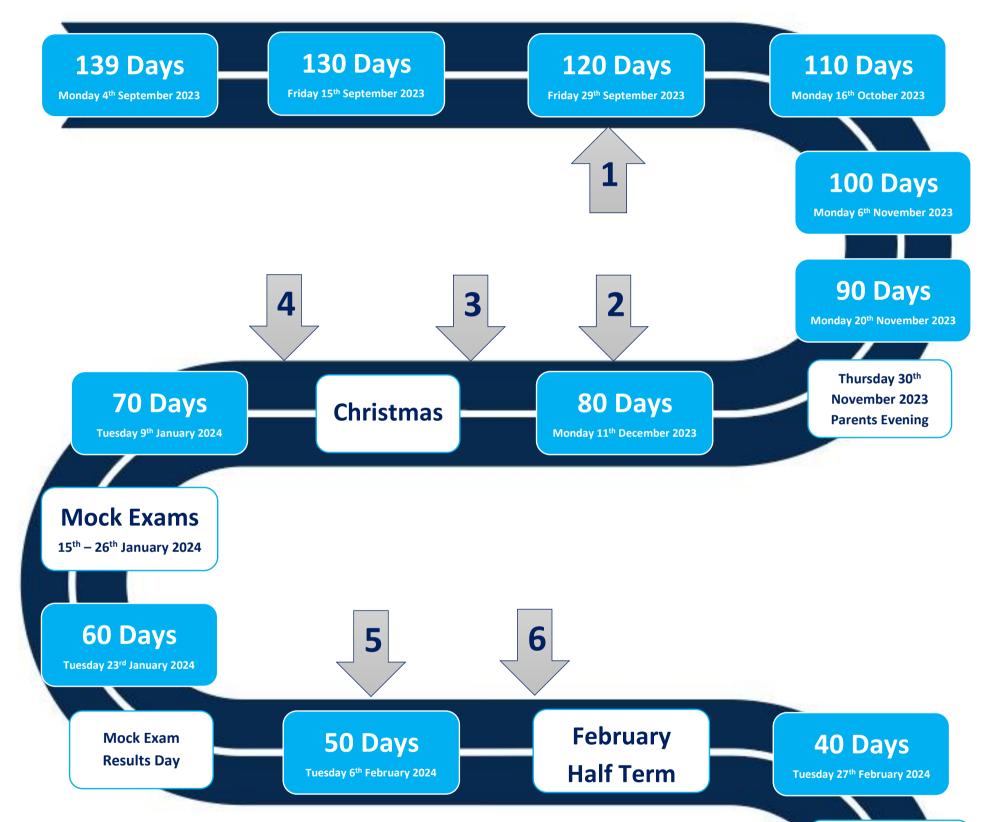
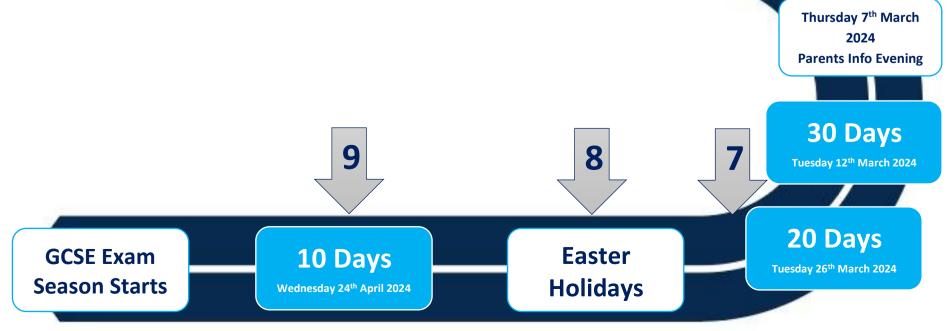
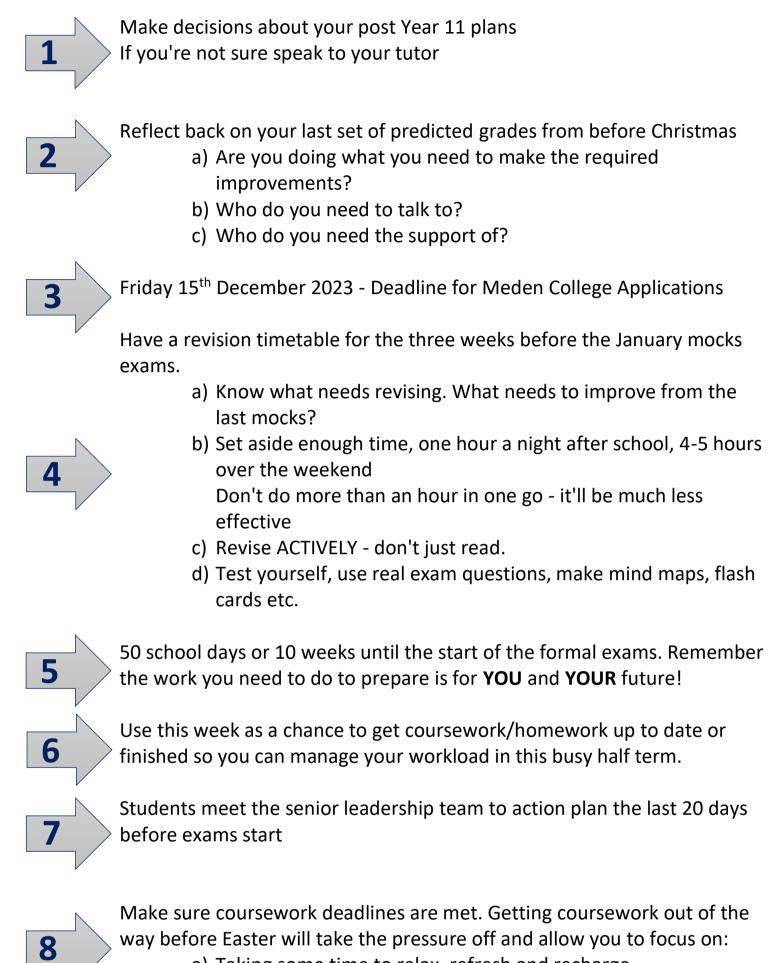
## FICONDAY





## Key Points



- a) Taking some time to relax, refresh and recharge
- b) To drop in some recap revision before the final push to the exams.

With less than 10 days to go it's likely you'll be feeling stressed and anxious

- this is normal.
- Don't forget to talk to people, especially, teachers, parents, friends. Listen to the positives and be confident!

