## Appendix 3

## Meden School Long Term Plan 2024/25

Lead Teacher: Michael Sylvester

Scheme of work for each year group outlining subject content, method of delivery and details of how parents have been consulted in the construction of this scheme. For primary schools it will also outline where sex education goes beyond the science national curriculum.

## **KEY**

Careers education/ work experience and personal finance	Careers education and work experience taught in careers lessons during tutorial once a week. Personal finance taught in PD lessons.
Fundamental British values	Taught in Personal Development lessons and in RE
Sex and relationships education	Taught in Personal Development lessons
Citizenship	Taught in Personal Development lessons and in RE
PSHE	Taught in Personal Development lessons Cross curricular links to science and physical education

	Half term 1. September to October	Half term . October to December	Half term. January to February. Half term. February to March		April to May	June to July
7	Topic 1 How does the law impact on relationships?    Is marriage important?     What is a hate crime?     Including the issue of misogyny     Why is it important to be aware of hate crime?     How can sexting damage relationships?     The dangers of drugs (alcohol and smoking).     What is democracy?	What are respectful relationships?  Positive and healthy friendships Types of bullying Different national, ethnic and religious identities Improving the community	Intimate & sexual relationships, Health & wellbeing.  What are the characteristics and positives of one-to-one relationships?  Exercise and mental health.  Puberty and emotional changes including menstrual wellbeing	Online and Media. LGBTQ rights and issues.  Rights, responsibilities and opportunities online. Challenging homophobia Physical health (dental sun safety) Recognising your money personality	Being Safe and how the UK works.    Forced marriage   Honour-based violence   FGM   How do we cope with our mental health? Eating disorders & self-harm.	Families  Roles and responsibiliti es of parents in bringing up children.  Dealing with bereavemen t First aid
8	How does the law impact on relationships?  Why is consent an important part of a relationship?  What is sexuality and sexual orientation?  What is gender identity?  How to be aware of criminal exploitation including knife crime.  The law relating to the supply, use and misuse of legal and illegal substances.  Democracy – how would you do it?	What are respectful relationships?  Why is respect and tolerance important? (Uniqueness)  Who can be impacted by a lack of respect and tolerance?  Why is equality important in Britain?	Intimate & sexual relationships, Health & wellbeing.  How can we identify and manage peer pressure including gambling Managing peer pressure nude image sharing (sexting).  Identify mental health issues and respond to them Puberty and emotional changes	Online and Media. LGBTQ rights and issues.  What online risks are there? How is information and data shared and used online? Challenging homophobia (gay rights) How to budget and make effective financial decisions	Being Safe and how the UK works.  What is emotional abuse? What is physical and sexual abuse? What is coercion? FGM – what is it, why is it so serious and what can we all do to help? How can you contribute to the wider community?	Families  How to determine whether someone is trustworthy First aid Dealing with bereavemen t
9	How does the law impact on relationships?  Why is violence against women and girls such an important issue?  Why can pornography be damaging to relationships?  Why could watching pornography be dangerous?  Why is the rule of law important in the UK and how does it link to knife crime?  What is substance misuse and what issues can it cause?	What are respectful relationships?  Why is it difficult to end a relationship? How should this be done? How to manage conflict well. Why is conflict management important? How can we prevent extreme views online? Holding those in power to account	Intimate & sexual relationships, Health & wellbeing.  What are the characteristics and positives of one-to-one relationships? Intimacy without sex and contraceptive choices What is an STI? How can someone keep the intimate areas on their body healthy? The impact of sleep on health and mental wellbeing (including diet).	Online and Media. LGBTQ rights and issues.  Sharing material with others online Coming out in sport Gender neutral fashion Understanding bank accounts and savings	Being Safe and how the UK works.  What is sexual consent?  What is sexual exploitation?  What happens if you don't get consent?  Why is the rule of law important in Britain?	Families  Long-term relationships and their legal status  Are e-cigarettes damaging?  First aid