

Meden School Curriculum Planning

Subject	CORE PE	Year Group	9	Sequence No.	N/A	Topic	Striking and Fielding
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Retrieval	Core Knowledge	Student Thinking
What do teachers need to retrieve from students before they start teaching new content ?	What specific ambitious knowledge do teachers need teach students in this sequence of learning?	What real life examples can be applied to this sequence of learning to development of our students thinking, encouraging them to see the inequalities around them and 'do something about them!'
<p>For striking and fielding games, students will have their own knowledge of the sports they regularly participate within outside of school or from primary school. In Year 9, students will be expected to retrieve the core knowledge taught in Year 7 and Year 8 (see MTP)</p> <p>Cricket</p> <ul style="list-style-type: none"> - How to win - Getting a team out - Run scoring when batting - Getting out when batting - Bowling rules and getting someone out - Key positions in Cricket - Batting techniques – stance and grip, forward defense, forward attacking drive - Fielding Techniques – Throwing, Catching, Long Barrier - Knowledge of their local team (Welbeck CC or Churchvale CC) or some international players 	<p>Within Year 9, students are introduced to the tactics that can be incorporated within all striking and fielding games. There will also be an emphasis on leadership opportunities for students to apply their knowledge from KS3 (Year 7 and 8 lessons).</p> <p>Cricket Key Tactics Batting Attacking Play – How can a batsman adapt their forward attacking drive technique to hit the ball into space on the field? The aim will be for students to apply power to the ball and send it into a space on the field where there are not as many fielders. The batsman is trying to get as many runs as possible or reach a boundary of 4 or 6.</p> <p>Defensive Play – How can a batsman apply a forward defensive technique to cushion the ball and prevent it from hitting their wicket or being caught out? The aim will be for students who are protecting their wickets and trying to stop getting out to apply a forward defensive technique. This should be done without the bat hitting the wicket and getting themselves out.</p> <p>Fielding Slip Fielders – How can the fielders ensure more pressure is placed on the batsman? The aim will be for students to put more slip fielders into their game play, so more players are positioned behind the batsman in catching positions.</p>	<p>Each week, a key theme will run through all PE lessons linked to real life examples. These will be linked to the particular sport the students are on at the time and will be consistent across the department. The aim will be for students to develop their thinking within the sport, recognise the inequalities within the sport (linked to the topic) and do something about them. A large number of the key themes will come from the CNAT Sport and GCSE PE specification to prepare KS3 students for the option they can take within PE at KS4.</p> <ol style="list-style-type: none"> 1. Physical Activity Government Guidelines and Recommendations - students should have 60 minutes of moderate to high intensity exercise every day. Do they get this? How? 2. Barriers to Participation for Children and Teenagers 3. Solutions to the Barriers 4. Current Issues in Sport/Sport in the News - Linked to the impact of PE on Mental, Physical or Social Health 5. Physical Benefits of Sport and PE on the Body 6. Social Benefits of Sport and PE on the Body 7. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 8. Popularity of Sport in the UK – what are the current trends for the most popular sport in the UK. Why are they the most popular sports?

<p>Rounders</p> <ul style="list-style-type: none"> - Batting Rules - Fielding Rules - Bowling Rules - Positions in the field - Batting positions - Applying the rules to game situations - Batting techniques – stance and grip, forehand bat - Fielding techniques - throwing, catching, long barrier 	<p>Bowling – How can the bowler dismiss the batsman using speed or spin and adapting the length of the bowl? The aim will be for students to apply the correct bowling technique consistently using increased speed and spin such as leg (right to left) and off spin (left to right). The bowler may also experiment with the distance the ball travels and where it lands on the strip.</p> <p>Rounders</p> <p>Key Tactics</p> <p>Batting</p> <p>Backhand Bat – How can the batter alter their batting position after the ball has been bowled to exploit space in the field? The aim will be to show students how to go from the grip and stance of a forehand bat to a forward position in the box so they can apply a backhand technique. This will mean the ball goes out towards the space between the batting box and 1st base away from the fielders (especially if they have chosen not to have a fielder at 1st base).</p> <p>Batting Box – How can the batter adapt their stance and position in the batting box to challenge the bowler? The aim will be for the batter to change where they are standing in the batting box each time they bat. This will mean the bowler will need to amend their technique each time meaning a greater chance of a ‘no ball’. When two ‘no balls’ are bowled, the batter receives ½ a rounder.</p> <p>Fielding</p> <p>Backstop to 2nd Base – How can the backstop fielder attempt to stop a batter receiving half a rounder and get them out? The aim will be for the backstop to perform an overarm throw straight to second base when they receive it. This will mean a live batter may be stumped out at 2nd base and prevented from scoring ½ a rounder. The backstop can also apply this on a backwards hit to ensure they beat the batter to 2nd base.</p> <p>No 3rd Base Fielder – How can fielders double up their role and support 2nd and 4th base at the same time? The aim will be to have a short fielder positioned just behind 3rd base. This will enable them to run to</p>	<ol style="list-style-type: none"> 9. Emerging/Growing Sports in the UK – which sports are new to the UK? How can we make them more popular? 10. National Governing Bodies – What is their role within a sport? What are the key NGB’s for each sport? 11. Major Sporting Events – What are they? When and where do they occur? 12. Olympic Creed and Olympic Values 13. Current Issues in Sport/Sport in the News – Linked to new sports, growing sports or a major sporting event occurring 14. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 15. Sporting Values – Excellence – Linked to Role Models and demonstrating excellence within a sport 16. Sporting Values - Tolerance and Respect 17. Sporting Values – Fair play 18. Sporting Values – Teamwork and Inclusion 19. Sporting Values - Citizenship 20. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 21. Performance Enhancing Drugs – What are they and why are they taken? 22. Gamesmanship and Deviance 23. Sportsmanship and Success of Teams 24. Current Issues in Sport/ Sport in the News – linked to examples of athletes demonstrating sportsmanship, gamesmanship or taking performance enhancing drugs 25. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 26. Money in Sport – Wage disparity between certain sports and genders. Amateur vs professional sport
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<p>Softball</p> <ul style="list-style-type: none"> - Batting Rules - Fielding Rules - Pitching Rules - Positions in the field - Batting positions - Applying the rules to game situations - Batting techniques – stance and grip, swing - Fielding techniques - throwing, catching, long barrier 	<p>3rd base if needed but also run to support both 2nd and 4th base fielders where batters can achieve a score. This back up can also be effective if the 2nd or 4th base fielder misses the ball or doesn't stop it using the long barrier.</p> <p><u>Softball</u> Key Tactics <u>Batting</u> Load the Bases – How can the batters ensure the team can score successive home runs without getting out? The aim will be for the batting team to get one player on each base so they can all run at the same time. This makes it harder for the fielding team to focus on one batter and tag or run them out.</p> <p>Bunt – How can the batter ground the ball as far away from the fielders as possible so they can get to 1st base successfully? The aim will be for students to be taught the technique to not apply a full swing technique, so the ball is grounded near to the batter and away from the pitcher and fielders.</p> <p><u>Fielding</u> Pitching – How can the pitcher apply pressure to make the batter use up their strikes? The aim is to pitch the ball with varying speeds and at different heights to make the batter swing for the ball but miss it. This will mean the batter loses a strike without the pitch being a 'ball'.</p> <p>Fielding – How can a fielder increase the chance of running the batter out? The aim will be for each fielder on a base to ensure their foot is in contact with the base where possible when receiving a catch. This will mean the batter will already be out if they are running to a base where a fielder is in this position and catches the ball.</p>	<p>27. Technology in Sport – How has it advanced? Advantages and Disadvantages</p> <p>28. Gender in Sport – challenging stereotypes in sports as the player, official or manager</p> <p>29. Paralympics and Disabled Sport – examples of sports and accessibility</p> <p>30. Race and Equality in Sport – examples of campaigns within sports – Kick it out campaign and RESPECT</p> <p>31. LGBTQ - Pride Sport – their role in challenging LGBTQ phobia in sport</p> <p>32. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE</p> <p>33. Diet and Nutrition</p> <p>34. Skeletal and Muscular System</p> <p>35. Cardiovascular System</p> <p>36. Respiratory System</p> <p>37. Assessing Risk in Sport</p> <p>38. Sporting Injuries</p> <p>39. Current Issues in Sport/ Sporting News – linked to injuries, new science, diet, nutrition etc</p> <p>40. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE</p>
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