

Meden School Curriculum Planning							
Subject	CNAT Sport	Year Group	10	Sequence No.	2	Topic	Know about the role of sport in promoting values

Retrieval	Core Knowledge	Student Thinking
What do teachers need to retrieve from students before they start teaching new content ?	What specific ambitious knowledge do teachers need to teach students in this sequence of learning?	What real life examples can be applied to this sequence of learning to development of our students thinking, encouraging them to see the inequalities around them and 'do something about them!'
<p>R051 Exam Students have covered the following topics within the external exam to prepare them for the Sport and Media unit:</p> <ul style="list-style-type: none"> - Barriers to participation for different user groups (Disabled, ethnic minority, female, children, retired/over 50's, teenagers, working families, single parents) - Solutions to the barriers – provision, promotion and access - Role models in sport and the impact they have on the popularity of sport <p>Students own knowledge and understanding of sport</p> <ul style="list-style-type: none"> - students prior sporting experience, through playing or spectating or teaching, may have developed some 	<p>Learning Outcome Two- Know about the role of sport in promoting values</p> <p>Learners must be able to recognise the benefits of playing sport as an individual or in teams. They should also be able to identify the benefits of the olympics games and also the impact that performance enhancing drugs can have on performance. Learners need to be taught:</p> <p>Values which can be promoted through sport</p> <p>Playing individual and sports can benefit people in so many ways. It can develop team spirit by working together as part of a team, the importance of adhering to the rules to allow fair play, how sport can develop citizenship and encourages work in local communities. It can also promote tolerance and respect of other people beliefs and cultures, inclusion of minority user groups, people get to unite as a country in support of national events and its develops people to strive for excellence and do their best.</p>	<p>Each week, a key theme will run through all PE lessons linked to real life examples. These will be linked to the particular learning outcome the students are on at the time and will be consistent across the department. The aim will be for students to develop their thinking, recognise the inequalities within sport (linked to the topic) and do something about them. In the 'teaching' lessons, students will be provided with a starter to challenge stereotypes in sport and then an activity linked to heading being covered where they can 'do something about them.'</p> <ol style="list-style-type: none"> 1. Physical Activity Government Guidelines and Recommendations - students should have 60 minutes of moderate to high intensity exercise every day. Do they get this? How? 2. Barriers to Participation for Children and Teenagers 3. Solutions to the Barriers 4. Current Issues in Sport/Sport in the News - Linked to the impact of PE on Mental, Physical or Social Health 5. Physical Benefits of Sport and PE on the Body 6. Social Benefits of Sport and PE on the Body

<p>level of knowledge in aspects of topics covered in this unit.</p> <p>KS3 Curriculum</p> <ul style="list-style-type: none"> - Introduced to new emerging sports – Dodgeball, Ultimate Frisbee, Handball along with minority sports like Badminton. They are educated on the rules and links to local clubs - Students get to experience and range of individual and team sports throughout the PE curriculum in KS3 - Opportunities have been given in KS2&3 PE lessons for students to try being an official in sports. - Boys and Girls all do the same sports on the curriculum to challenge stereotypes and raise awareness of opportunities for them to get involved e.g. Mansfield Rugby Club for Girls - PE department theme of the week is based from topics directly from this specification and discussed with students on a weekly basis. <p>Extra Curricular/Clubs</p> <ul style="list-style-type: none"> - Students will have their own knowledge of the sports they regularly participate within and will be able to relate to these within their assignments 	<p>The Olympic and Paralympic movement</p> <p>Learners must develop and understanding of the olympic creed- “The most important thing is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered, but to have fought well.” They must recognise that the olympic flag (the 5 rings) represent the 5 continents coming together. The olympics/paralympics have their own set of values for anyone taking part. They include; Respect, Excellence, Friendship, Courage, Determination, Inspiration and Equality</p> <p>initiatives and events which promote values through sport</p> <p>Examples of initiative in sports are; FIFA’s ‘Football for Hope’ campaign, ECB’s ‘Chance to Shine’ programme, Sport Relief, Premier League’s, Creating Chances’ initiative, £10m Sport England scheme to increase participation in sport by women)</p> <p>The importance of etiquette and sporting behaviour of both performers and spectators</p> <p>Sport is watched and played by millions of people. It is important that people behave well and in a certain way. It promotes fairness and keeps people safe and can promote values to be observed. Performers can show acts of sportsmanship by kicking the ball out if someone is injured. Win pressure to win, instances of time wasting can be seen as an example of gamesmanship. Spectators are also encouraged to show good etiquette by staying quiet during</p>	<ol style="list-style-type: none"> 7. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 8. Popularity of Sport in the UK – what are the current trends for the most popular sport in the UK. Why are they the most popular sports? 9. Emerging/Growing Sports in the UK – which sports are new to the UK? How can we make them more popular? 10. National Governing Bodies – What is their role within a sport? What are the key NGB’s for each sport? 11. Major Sporting Events – What are they? When and where do they occur? 12. Olympic Creed and Olympic Values 13. Current Issues in Sport/Sport in the News – Linked to new sports, growing sports or a major sporting event occurring 14. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 15. Sporting Values – Excellence – Linked to Role Models and demonstrating excellence within a sport 16. Sporting Values - Tolerance and Respect 17. Sporting Values – Fair play 18. Sporting Values – Teamwork and Inclusion 19. Sporting Values - Citizenship 20. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to
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<ul style="list-style-type: none"> - Students will also have an idea of role models and who inspires them within sport - Ideally, students will compete in at least 1 individual and 1 team sport. 	<p>rallies in tennis and remaining quiet during countries national anthems. Sports also aim to break down barrier and highlight issues such as the kick racism out of football campaign.</p> <p>The use of performance-enhancing drugs in sport,</p> <p>Drug use is common in sport and society and its important to understand why. they are used because performers and nations are under pressure to win. There use can cause long term health issues and provide the user with an unfair advantage. The WADA -world anti-doping agency is responsible for limiting drug use in sport through the 'whereabouts' rules and testing samples such as nail, hair, blood and urine samples. They have provided sanctions to athletes that have used drugs before such as Dwain Chambers and Lance Armstrong. Using drugs can leave a negative impact on sports and people begin to trust events like the Tour de France if athletes keep being caught and banned for substance miss uses. There are also ethical issues in drug use. Is there a difference between recreational and enhancing drugs?</p>	<p>improve physical, social and mental health within PE</p> <ol style="list-style-type: none"> 21. Performance Enhancing Drugs – What are they and why are they taken? 22. Gamesmanship and Deviance 23. Sportsmanship and Success of Teams 24. Current Issues in Sport/ Sport in the News – linked to examples of athletes demonstrating sportsmanship, gamesmanship or taking performance enhancing drugs 25. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 26. Money in Sport – Wage disparity between certain sports and genders. Amateur vs professional sport 27. Technology in Sport – How has it advanced? Advantages and Disadvantages 28. Gender in Sport – challenging stereotypes in sports as the player, official or manager 29. Paralympics and Disabled Sport – examples of sports and accessibility 30. Race and Equality in Sport – examples of campaigns within sports – Kick it out campaign and RESPECT 31. LGBTQ - Pride Sport – their role in challenging LGBTQ phobia in sport 32. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 33. Diet and Nutrition 34. Skeletal and Muscular System 35. Cardiovascular System
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