

Meden School Curriculum Planning

Subject	CORE PE	Year Group	8	Sequence No.	N/A	Topic	Striking and Fielding
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Retrieval	Core Knowledge	Student Thinking
What do teachers need to retrieve from students before they start teaching new content ?	What specific ambitious knowledge do teachers need teach students in this sequence of learning?	What real life examples can be applied to this sequence of learning to development of our students thinking, encouraging them to see the inequalities around them and 'do something about them!'
<p>For striking and fielding games, students will have their own knowledge of the sports they regularly participate within outside of school or from primary school. In Year 8, students will be expected to retrieve the core knowledge taught in Year 7 (see MTP)</p> <p>Cricket</p> <ul style="list-style-type: none"> - How to win - Getting a team out - Run scoring when batting - Getting out when batting - Bowling rules and getting someone out 	<p>Within Year 8, students are introduced to the skills and key techniques needed within all striking and fielding games.</p> <p>Cricket</p> <p>Batting</p> <p>Stance and Grip</p> <ul style="list-style-type: none"> o Feet shoulder width apart o Stand sideways on with the bat closest to the stumps o Leave a bat length distance from the stumps o Grip the bat with two hands with the strongest hand at the bottom of the handle <p>Fielding</p> <p>Throwing</p> <ul style="list-style-type: none"> o Hold the ball in your dominant hand o Angle feet in the direction of the throw o Step into the throw and wait for a command from a team mate o Adjust power and angle of release according to the distance needed for the throw <p>Catching</p> <ul style="list-style-type: none"> o Have your hands ready in a cupped position to cushion the ball o Fingers pointed down to the ground o Move body in line with the travel of the ball - 	<p>Each week, a key theme will run through all PE lessons linked to real life examples. These will be linked to the particular sport the students are on at the time and will be consistent across the department. The aim will be for students to develop their thinking within the sport, recognise the inequalities within the sport (linked to the topic) and do something about them. A large number of the key themes will come from the CNAT Sport and GCSE PE specification to prepare KS3 students for the option they can take within PE at KS4.</p> <ol style="list-style-type: none"> 1. Physical Activity Government Guidelines and Recommendations - students should have 60 minutes of moderate to high intensity exercise every day. Do they get this? How? 2. Barriers to Participation for Children and Teenagers 3. Solutions to the Barriers 4. Current Issues in Sport/Sport in the News - Linked to the impact of PE on Mental, Physical or Social Health 5. Physical Benefits of Sport and PE on the Body 6. Social Benefits of Sport and PE on the Body 7. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE 8. Popularity of Sport in the UK – what are the current trends for the most popular sport in the UK. Why are they the most popular sports?

<p>Rounders</p> <ul style="list-style-type: none"> - Batting Rules - Fielding Rules - Bowling Rules - Positions in the field - Batting positions - Applying the rules to game situations <p>Softball</p> <ul style="list-style-type: none"> - Batting Rules - Fielding Rules - Pitching Rules 	<p>Long Barrier</p> <ul style="list-style-type: none"> o Move body in line with the travel of the ball o Twist hips so that the dominant knee can be placed on the ground level with the back of the heel of the non-dominant leg o Attempt to stop the ball with the hands using the barrier of the leg as a back up (no gaps between heel and knee) <p>Rounders</p> <p>Stance and Grip</p> <ul style="list-style-type: none"> o Stand in the batting box and position the body sideways on to the bowler o Grip the bat with the dominant hand (one hand only) o The batting arm is the furthest back in the sideways position <p>Forehand Bat</p> <ul style="list-style-type: none"> o Watch the ball as it leaves the bowlers hand o Swing the bat forwards to make contact with the ball o Follow through with the bat and ensure you do not step outside the front of the bat o Run as soon as the ball has been hit and run to 1st base (running out the side of the box and not dropping the bat) <p>Fielding</p> <ul style="list-style-type: none"> o All of the can be transferred from cricket and rounders (catching/throwing/long barrier) <p>Softball</p> <p>Batting</p> <p>Stance and Grip</p>	<p>9. Emerging/Growing Sports in the UK – which sports are new to the UK? How can we make them more popular?</p> <p>10. National Governing Bodies – What is their role within a sport? What are the key NGB’s for each sport?</p> <p>11. Major Sporting Events – What are they? When and where do they occur?</p> <p>12. Olympic Creed and Olympic Values</p> <p>13. Current Issues in Sport/Sport in the News – Linked to new sports, growing sports or a major sporting event occurring</p> <p>14. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE</p> <p>15. Sporting Values – Excellence – Linked to Role Models and demonstrating excellence within a sport</p> <p>16. Sporting Values - Tolerance and Respect</p> <p>17. Sporting Values – Fair play</p> <p>18. Sporting Values – Teamwork and Inclusion</p> <p>19. Sporting Values - Citizenship</p> <p>20. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE</p> <p>21. Performance Enhancing Drugs – What are they and why are they taken?</p> <p>22. Gamesmanship and Deviance</p> <p>23. Sportsmanship and Success of Teams</p> <p>24. Current Issues in Sport/ Sport in the News – linked to examples of athletes demonstrating sportsmanship, gamesmanship or taking performance enhancing drugs</p> <p>25. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE</p> <p>26. Money in Sport – Wage disparity between certain sports and genders. Amateur vs professional sport</p>
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<ul style="list-style-type: none"> - Positions in the field - Batting positions - Applying the rules to game situations 	<ul style="list-style-type: none"> ○ Stand on the batting base and position the body sideways on to the pitcher ○ Grip the bat with the two hands with the dominant hand at the bottom ○ The bat should be positioned towards the backstop when in the sideways position (over the shoulder) <p>Swing</p> <ul style="list-style-type: none"> ○ Watch the ball as it leaves the pitchers hand ○ Swing the bat forwards to make contact with the ball ○ Follow through with the bat, twisting at the hips to adjust the ball to go away from the fielders ○ Run as soon as the ball has been hit and run to 1st base (drop the bat as soon as it has been hit) <p>Fielding</p> <ul style="list-style-type: none"> ○ All of the can be transferred from cricket and rounders (catching/throwing/long barrier) 	<p>27. Technology in Sport – How has it advanced? Advantages and Disadvantages</p> <p>28. Gender in Sport – challenging stereotypes in sports as the player, official or manager</p> <p>29. Paralympics and Disabled Sport – examples of sports and accessibility</p> <p>30. Race and Equality in Sport – examples of campaigns within sports – Kick it out campaign and RESPECT</p> <p>31. LGBTQ - Pride Sport – their role in challenging LGBTQ phobia in sport</p> <p>32. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE</p> <p>33. Diet and Nutrition</p> <p>34. Skeletal and Muscular System</p> <p>35. Cardiovascular System</p> <p>36. Respiratory System</p> <p>37. Assessing Risk in Sport</p> <p>38. Sporting Injuries</p> <p>39. Current Issues in Sport/ Sporting News – linked to injuries, new science, diet, nutrition etc</p> <p>40. ME in PE – Couch to 5km and Meden Park Run Challenge – Students are introduced to two free activities that they can get involved in. Designed to improve physical, social and mental health within PE</p>
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