

Subject	PE
Paper	<p style="text-align: center;">Paper 1 – Physiological Factors</p> <p style="text-align: center;">Paper 2 – Psychological Factors</p> <p style="text-align: center;">Paper 3 – Socio- Cultural Factors</p>
Work/skills/activities being covered in lesson leading to exams	<ul style="list-style-type: none"> <p>• Week 1 (24th Feb) Subject content to be continued with for those staff who need to finish certain aspects. Re-cap for previously learnt topics if work has already been covered. Exam book revision questions set and to be completed. Flash cards created after each lesson. Work on practical videos.</p> <p>• Week 2 (3rd March) Subject content to be continued with for those staff who need to finish certain aspects. Re-cap for previously learnt topics if work has already been covered. Exam book revision questions set and to be completed. Flash cards created after each lesson. Work on practical videos. (as required).</p> <p>• Week 3 (10th march) Subject content to be continued with for those staff who need to finish certain aspects. Re-cap for previously learnt topics if work has already been covered. Exam book revision questions set and to be completed. Flash cards created after each lesson. Work on practical videos (as required- final week of focus on this).</p> <p>• Week 4 (17th March) Subject content to be continued with for those staff who need to finish certain aspects. Re-cap for previously learnt topics if work has already been covered. Exam book revision questions set and to be completed. Flash cards created after each lesson.</p> <p>• Week 5 (24th March) Subject content to be continued with for those staff who need to finish certain aspects. Re-cap for previously learnt topics if work has already been covered. Exam book revision questions set and to be completed. Flash cards created after each lesson. Work on practical videos.</p> <p>• Week 6 (31st March) Subject content to be continued with for those staff who need to finish certain aspects. Re-cap for previously learnt topics if work has already been covered. Exam book revision questions set and to be completed. Flash cards created after each lesson. Work on practical videos.</p>

	<ul style="list-style-type: none"> • Week 7 (21st April) Expect that all content will be fully delivered now. All focus placed on exam techniques, practice questions, re-cap prior learning. Lesson will have a focus on 10/20 mark questions right up until first exam. • Week 8 (28th April) Expect that all content will be fully delivered now. All focus placed on exam techniques, practice questions, re-cap prior learning. Lesson will have a focus on 10/20 mark questions right up until first exam. • Week 9 (5th May) Expect that all content will be fully delivered now. All focus placed on exam techniques, practice questions, re-cap prior learning. Lesson will have a focus on 10/20 mark questions right up until first exam. • Week 10 (12th May) Expect that all content will be fully delivered now. All focus placed on exam techniques, practice questions, re-cap prior learning. Lesson will have a focus on 10/20 mark questions right up until first exam.
<p>Areas to revise as a priority leading to exams</p>	<ul style="list-style-type: none"> • 10/20 markers • Paper 1 – focus on areas that individual finds most difficult on this topic (such as ATP system/mechanics of breathing) • Paper 2 – Theories linked to sports psychology topics • Paper 3 – History of Sport and Routes to Sporting excellence
<p>Suggested methods of revision</p>	<ul style="list-style-type: none"> • Flashcards • Revise the exam handbook, with instructions for how to answer the exam q's • Complete 'brain vomits' to check knowledge and fill in any gaps of unknown content. Prioritise spending time revising the unknown content. • Going over past mocks and notes from Year 12/13 work • Use of exam booklets • Past questions with marked feedback – re-write areas of development/areas for missed marks • Past papers available on OCR website. Practice the prescribed unseen questions and past papers and check against mark scheme.