

HEALTH AND WELLBEING DROP IN SESSIONS

Come and chat to your local
School Nursing Team.
We can offer support and signpost
services to help you.



Mental Health

Sleep

Anxiety

Relationships

Support

Smoking/Vaping

Sexual Health

WHERE

Place: To Be Confirmed

Time: Lunchtimes

Last Tuesday of each month,
starting on:

Tuesday 28th January

At Lunchtime

