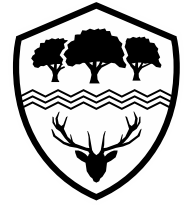
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MEDEN
SCHOOL

16 January 2025

Dear Parent/Carer,

We are writing to inform you that we will now be offering the C-Card Service at Meden School to students in Years 9-11 and all college students.

The C-Card scheme is a free sexual health advice and condom service for young people aged 13-25 based in Nottinghamshire. Young people will have a safe space to speak confidentially with a trained member of staff about sex, healthy relationships, STI's, and contraception.

The aim of the C-Card scheme is to work positively with our young people to prevent any possibilities of conception and/or sexually transmitted infections as well as raising awareness surrounding consent and being ready.

The C-Card scheme works upon guidance from the Fraser Guidelines (1985) where the following 6 points will be considered when speaking and assessing a young person for this service:

1. Will the young person be able to understand any information provided?
2. If the young person does not receive condoms or support are they likely to have sexual intercourse with or without contraceptives?
3. Is the young person's physical or mental health likely to suffer if they do not receive condoms or support?
4. Is the young person competent to make their own decisions with regard to their sexual health?
5. Could you encourage the young person to inform their guardian that they are seeking contraceptive advice?
6. Is it in the young person's best interest to receive condoms and support without parental consent?

In order to deem a young person 'Fraser competent' they must be capable of understanding all of the information given to them and able to use this information to make an informed choice.

All young people accessing this service will be encouraged to speak with their parents/carers, however unless we deem the young person to be at risk in anyway, confidentiality regarding the young person accessing the C-Card scheme will be upheld.

The C-Card service will be offered every Friday 8.50am-9.25am where students are able to collect condoms. Every other Friday morning will be for registrations as well as collections to the service. Students will be informed when this first registration session will take place.



If you have any concerns or questions please do not hesitate to get in touch. Alternatively, please visit the C-Card Nottinghamshire website for further information regarding this service. <https://www.ccardnottinghamshire.co.uk/parents-carers/>.

Kind regards

Meden School on behalf of C Card Nottinghamshire