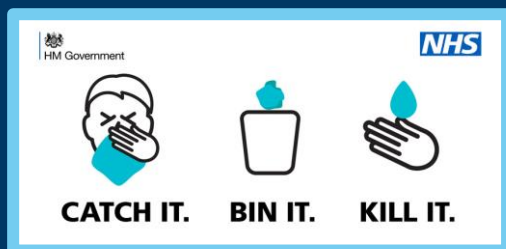


## Symptom Checker and Decision Maker - Common Cold or Coronavirus?

<p><b>What are you seeing?</b></p>	<ul style="list-style-type: none"> <li>• Sore Throat</li> <li>• Blocked Nose</li> <li>• Runny Nose</li> <li>• Headache</li> </ul>	<ul style="list-style-type: none"> <li>• <b>New continuous cough (Coughing a lot for more than an hour OR 3 or more coughing fits in 24 hours)</b></li> <li>• <b>Fever / High Temperature (38°c or higher)</b></li> <li>• <b>Loss or change in their sense of smell or taste</b></li> </ul>
<p><b>What the NHS says about this:</b></p>	<p>This is a cold.</p>	<p>This might be coronavirus.</p>
<p><b>What you should do:</b></p>	<p>Your child can still attend school - if the symptoms are mild.</p>	<ul style="list-style-type: none"> <li>• Children should stay at home, isolate for at least 10 days and have a free NHS test.</li> <li>• Other members of the household should also self isolate for 14 days.</li> <li>• You shouldn't leave home apart from when you go to get your test and shouldn't have any visitors.</li> </ul>



**General reminder! Children should be encouraged to use tissues for coughs and sneezes, throw tissues away as soon as they have been used and wash their hands regularly.**

