

Meden School Long Term Plan

Personal Development – KS3

Scheme of work for each year group outlining subject content, method of delivery and details.

KEY

Careers education/ work experience and personal finance	Careers education and work experience taught in careers lessons during tutorial once a week. Personal finance taught in PD lessons.
Fundamental British values	Taught in Personal Development lessons and in RE
Sex and relationships education	Taught in Personal Development lessons
Citizenship	Taught in Personal Development lessons and in RE
PSHE	Taught in Personal Development lessons Cross curricular links to science and physical education

	Half term 1. September to October	Half term . October to December	Half term. January to February.	Half term. February to March	April to May	June to July
7	<p>Topic 1 How does the law impact on relationships?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Is marriage important? <input type="checkbox"/> What is a hate crime? <input type="checkbox"/> Why is it important to be aware of hate crime? <input type="checkbox"/> How can sexting damage relationships? <input type="checkbox"/> What is democracy? 	<p>What are respectful relationships?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Positive and healthy friendships <input type="checkbox"/> Types of bullying <input type="checkbox"/> Different national, ethnic and religious identities <input type="checkbox"/> Improving the community 	<p>Intimate & sexual relationships, Health & wellbeing.</p> <ul style="list-style-type: none"> <input type="checkbox"/> What are the characteristics and positives of one-to-one relationships? <input type="checkbox"/> Exercise and mental health. <input type="checkbox"/> Puberty and emotional changes including menstrual wellbeing 	<p>Online and Media. LGBTQ rights and issues.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Rights, responsibilities and opportunities online. <input type="checkbox"/> Challenging homophobia <input type="checkbox"/> Physical health (dental sun safety) <input type="checkbox"/> Recognising your money personality 	<p>Being Safe and how the UK works.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Forced marriage <input type="checkbox"/> Honour-based violence <input type="checkbox"/> FGM <input type="checkbox"/> How do we cope with our mental health? Eating disorders & self-harm. 	<p>Families</p> <ul style="list-style-type: none"> <input type="checkbox"/> Roles and responsibilities of parents in bringing up children. <input type="checkbox"/> Dealing with bereavement <input type="checkbox"/> First aid
8	<p>How does the law impact on relationships?</p> <ul style="list-style-type: none"> <input type="checkbox"/> What is sexuality and sexual orientation? <input type="checkbox"/> What is gender identity? <input type="checkbox"/> How to be aware of criminal exploitation. <input type="checkbox"/> FGM – what is it, why is it so serious and what can we all do to help? <input type="checkbox"/> Democracy – how would you do it? <input type="checkbox"/> The dangers of alcohol and smoking. 	<p>What are respectful relationships?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Why is respect and tolerance important? (Uniqueness) <input type="checkbox"/> Who can be impacted by a lack of respect and tolerance? <input type="checkbox"/> Why is equality important in Britain? 	<p>Intimate & sexual relationships, Health & wellbeing.</p> <ul style="list-style-type: none"> <input type="checkbox"/> How can we identify and manage peer pressure including gambling <input type="checkbox"/> Managing peer pressure – nude image sharing (sexting). <input type="checkbox"/> Identify mental health issues and respond to them <input type="checkbox"/> Puberty and emotional changes 	<p>Online and Media. LGBTQ rights and issues.</p> <ul style="list-style-type: none"> <input type="checkbox"/> What online risks are there? <input type="checkbox"/> How is information and data shared and used online? <input type="checkbox"/> Challenging homophobia (gay rights) <input type="checkbox"/> How to budget and make effective financial decisions 	<p>Being Safe and how the UK works.</p> <ul style="list-style-type: none"> <input type="checkbox"/> What is emotional abuse? <input type="checkbox"/> What is physical and sexual abuse? <input type="checkbox"/> What is coercion? <input type="checkbox"/> How can you contribute to the wider community? 	<p>Families</p> <ul style="list-style-type: none"> <input type="checkbox"/> How to determine whether someone is trustworthy <input type="checkbox"/> First aid <input type="checkbox"/> Dealing with bereavement
9	<p>How does the law impact on relationships?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Why is consent an important part of a relationship? <input type="checkbox"/> Why is violence against women and girls such an important issue? <input type="checkbox"/> Why can pornography be damaging to relationships? <input type="checkbox"/> Why could watching pornography be dangerous? <input type="checkbox"/> Why is the rule of law important in the UK? <input type="checkbox"/> The law relating to the supply, use and misuse of legal and illegal substances. 	<p>What are respectful relationships?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Why is it difficult to end a relationship? How should this be done? <input type="checkbox"/> How to manage conflict well. <input type="checkbox"/> Why is conflict management important? <input type="checkbox"/> Holding those in power to account 	<p>Intimate & sexual relationships, Health & wellbeing.</p> <ul style="list-style-type: none"> <input type="checkbox"/> What are the characteristics and positives of one-to-one relationships? <input type="checkbox"/> Intimacy without sex and contraceptive choices <input type="checkbox"/> What is an STI? <input type="checkbox"/> How can someone keep the intimate areas on their body healthy? <input type="checkbox"/> The impact of sleep on health and mental wellbeing (including diet). 	<p>Online and Media. LGBTQ rights and issues.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sharing material with others online <input type="checkbox"/> Coming out in sport <input type="checkbox"/> Gender neutral fashion <input type="checkbox"/> Understanding bank accounts and savings 	<p>Being Safe and how the UK works.</p> <ul style="list-style-type: none"> <input type="checkbox"/> What is sexual consent? <input type="checkbox"/> What is sexual exploitation? <input type="checkbox"/> What happens if you don't get consent? <input type="checkbox"/> Why is the rule of law important in Britain? 	<p>Families</p> <ul style="list-style-type: none"> <input type="checkbox"/> Long-term relationships and their legal status <input type="checkbox"/> Are e-cigarettes damaging? <input type="checkbox"/> First aid