

Dear Parents/ Carers,

As we approach the new school year, I would like to take the opportunity to remind you of the expectations for PE lessons including the correct PE kit at Meden School.

Physical Education is a legal requirement in the National Curriculum and your child is expected to participate in every lesson so that he/she can make the necessary progress in this subject. If your child has a medical reason for not participating in PE, he/she must bring in a signed note explaining why they cannot do PE along with their PE kit. All pupils with a medical note will still be expected to get changed for PE and take part in the lesson as a coach or official.

To ensure your child gains a PE experience in a safe and engaging manner, it is essential that they come fully prepared to their PE lessons. It is compulsory for your child to wear correct PE kit for every PE lesson and it is your child's responsibility to ensure they are appropriately dressed for the lesson. No jewellery is allowed within PE and should be removed at the start of every lesson. Long hair should also be tied back for health and safety reasons.

The policy for PE kit at Meden School is outlined below:

<b>Boys</b>	<b>Girls</b>
<ul style="list-style-type: none"> <li>• Royal blue polo shirt and/or rugby top</li> <li>• Plain black tracksuit bottoms (Winter)</li> <li>• Plain black shorts (Summer)</li> <li>• Royal blue football socks</li> <li>• Shins pads and a gum shield (Football and Hockey)</li> <li>• Appropriate trainers for all sports</li> </ul>	<ul style="list-style-type: none"> <li>• Royal blue polo shirt and/or rugby top</li> <li>• Plain black tracksuit bottoms (Winter)</li> <li>• Plain black shorts or a skort (Summer)</li> <li>• Royal blue football socks</li> <li>• Shins pads and a gum shield (Football and Hockey)</li> <li>• Appropriate trainers for all sports</li> </ul>

Alongside the compulsory PE kit there is an option for your child to purchase a plain black Meden sports hoodie; hooded tops of other colours will not be allowed. Your child will also have the chance to buy a customised GCSE PE top from the PE department if they opt into GCSE PE as a subject option.

If you have questions regarding our expectations for PE, please do not hesitate to contact me. PE kit can be purchased from the Schoolwear Centre in Mansfield except for Meden PE socks that can be purchased from the Finance Office. I would be grateful if you could discuss the content of this letter with your child to ensure they are fully prepared for the start of the new term in September.

Many thanks for your support with this.

Yours faithfully



**Miss F Kirk**

Head of Physical Education